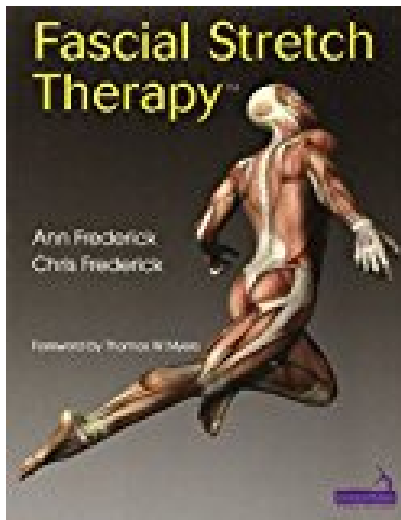


Fascial Stretch Therapy



BOOK DETAILS

- Author : Chris Frederick
- Pages : 224 Pages
- Publisher : Handspring Publishing
- Language : English
- ISBN : 1909141089

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BOOK SYNOPSIS

Fascial Stretch Therapy describes and explains a unique system of manual therapy, which has proved to be highly successful in the treatment of common neuromyofascial imbalances, disorders and dysfunctions. First developed by the authors in the early 1990s, the method is now recognized for restoring and maintaining healthy neurological, musculoskeletal and fascial systems.

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