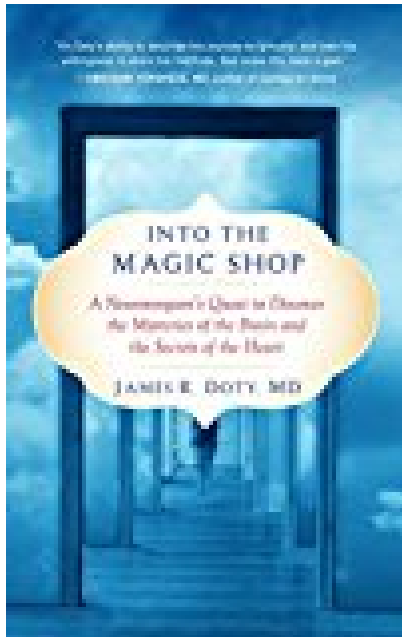


# Into the Magic Shop A Neurosurgeons Quest to Discover the Mysteries of the Brain and the Secrets of the Heart

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## BOOK DETAILS

- Author : James R. Doty MD
- Pages : 288 Pages
- Publisher : Avery
- Language : English
- ISBN : 0399183647



## BOOK SYNOPSIS

The award-winning New York Times bestseller about the extraordinary things that can happen when we harness the power of both the brain and the heart Growing up in the high desert of California, Jim Doty was poor, with an alcoholic father and a mother chronically depressed and paralyzed by a stroke. Today he is the director of the Center for Compassion and Altruism Research and Education (CCARE) at Stanford University, of which the Dalai Lama is a founding benefactor. But back then his life was at a dead end until at twelve he wandered into a magic shop looking for a plastic thumb. Instead he met Ruth, a woman who taught him a series of exercises to ease his own suffering and manifest his greatest desires. Her final mandate was that he keep his heart open and teach these techniques to others. She gave him his first glimpse of the unique relationship between the brain and the heart. Doty would go on to put Ruths practices to work with extraordinary results--power and wealth that he could only imagine as a twelve-year-old, riding his orange Sting-Ray bike. But he neglects Ruths most important lesson, to keep his heart open, with disastrous results--until he has the opportunity to make a spectacular charitable contribution that will virtually ruin him. Part memoir, part science, part inspiration, and part practical instruction, Into the Magic Shop shows us how we can fundamentally change our lives by first changing our brains and our hearts.

**INTO THE MAGIC SHOP A NEUROSURGEONS QUEST TO DISCOVER THE MYSTERIES OF THE BRAIN AND THE SECRETS OF THE HEART** - Are you looking for Ebook Into The Magic Shop A Neurosurgeons Quest To Discover The Mysteries Of The Brain And The Secrets Of The Heart? You will be glad to know that right now Into The Magic Shop A Neurosurgeons Quest To Discover The Mysteries Of The Brain And The Secrets Of The Heart is available on our online library. With our online resources, you can find Applied Numerical Methods With Matlab Solution Manual 3rd Edition or just about any type of ebooks, for any type of product. Best of all, they are entirely free to find, use and download, so there is no cost or stress at all. Into The Magic Shop A Neurosurgeons Quest To Discover The Mysteries Of The Brain And The Secrets Of The Heart may not make exciting reading, but Applied Numerical Methods With Matlab Solution Manual 3rd Edition is packed with valuable instructions, information and warnings. We also have many ebooks and user guide is also related with Into The Magic Shop A Neurosurgeons Quest To Discover The Mysteries Of The Brain And The Secrets Of The Heart and many other ebooks.

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