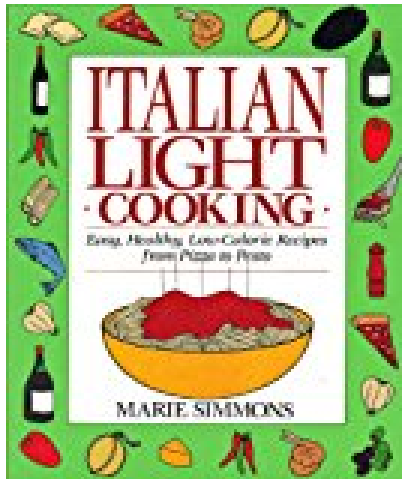


# Italian Light Cooking

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## BOOK DETAILS

- Author : Marie Simmons
- Pages : 188 Pages
- Publisher : Perigee Trade
- Language : English
- ISBN : 0399517405

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## BOOK SYNOPSIS

The author of "The Pasta Diet" explores the health benefits of Italian cuisine and offers nearly three hundred light, natural, and easy-to-prepare regional recipes

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