

SEAFOOD.TOP 72 RECIPES DISHES SOUPS AND SALADS-DELICIOUS AND EASY TO PREPARE HEALTHY EATING RECIPES FOR WEIGHT CONTROL

SEAFOOD TOP 72 RECIPES



DELICIOUS
EASY TO
PREPARE

DISHES, SOUPS AND SALADS

SUFFICIENT
FOR
WEIGHT
CONTROL



Roumianka Lazarova

BOOK DETAILS

- Author : Roumianka Lazarova
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BOOK SYNOPSIS

A wealth of quick-fix, healthy recipes culled from the kitchens of EatingWell magazine includes such options as Warm Salmon Salad with Crispy Potatoes, Garlic & Parsley Rubbed Lamb Chops with Greek Couscous Salad, and Chicken with Green Olives & Dried Plums. 30,000 first printing.

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